



NEW BEDFORD PUBLIC SCHOOLS

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(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



Elementary Menu JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  NO SCHOOL	2 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	3 BREAKFAST: APPLE CINNAMON CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHICKEN BROCCOLI ALFREDO, TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	4 BREAKFAST: BAGEL w/CREAM CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: FISH "n" CHIPS, OVEN FRIES, COLESLAW, FRUIT MIX, MILK
7 BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK LUNCH: TOTALLY TACO, TOSSED SALAD, LITE DRESSING, FRESH FRUIT, MILK	8 BREAKFAST: MULTI GRAIN FROSTED FLAKES CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	9 BREAKFAST: SNACK N'LOAF, YOGURT, FRESH FRUIT, JUICE, MILK LUNCH: CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, BANANA, MILK	10 BREAKFAST: CINNAMON TOAST, CRUNCH CEREAL BREAKFAST BAR KIT w/JUICE, FRESH FRUIT, MILK LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, APPLESAUCE, MILK	11 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK LUNCH: SLOPPY JOE ON A BUN, GREEN BEANS, PEARS, OATMEAL RAISIN COOKIE, MILK
14 BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK LUNCH: SPAGHETTI w/MEATBALLS, DINNER ROLL, MARGARINE CUP, TOSSED SALAD, FRESH APPLE, MILK	15 BREAKFAST: GOLDEN GRAHAM BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHICKEN PATTY ON A BUN, CELERY STICKS w/HUMMUS, RAISINS, MILK	16 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK LUNCH: SHEPARD'S PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK	17 BREAKFAST: APPLE JACKS BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: BREADED CHICKEN DRUMSTICK, BABY BAKER POTATOES, CARROTS, DINNER ROLL, MARGARINE CUP, FRUIT MIX, MILK	18 BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: PIZZA WEDGE, TOMATO & CUCUMBER SALAD, FRESH PEAR, MILK
21  NO SCHOOL	22 BREAKFAST: TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHEESEBURGER ON A BUN, SEASONED POTATO WEDGES, BROCCOLI, CINNAMON APPLE SLICES, MILK	23 BREAKFAST: BLUEBERRY BELVITA, FRESH FRUIT, JUICE, MILK LUNCH: CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK	24 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: BBQ PULLED PORK SANDWICH, 4 BEAN SALAD, APPLESAUCE, MILK	25 BREAKFAST: BLUEBERRY MUFFIN, HARD BOILED EGG, FRESH FRUIT, JUICE, MILK LUNCH: TANGERINE CHICKEN, RICE, GREEN BEANS, SORBET CUP, MILK
28 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL	29 BREAKFAST: MULTI GRAIN CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: TACO TUESDAY, TORTILLA CHIPS, SHREDDED LETTUCE, TOMATO, SHREDDED MOZZARELLA, SOUR CREAM, FROZEN FRUIT JUICE CUP, MILK	30 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	31 BREAKFAST: APPLE CINNAMON CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHICKEN BROCCOLI ALFREDO, TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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