

NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org

(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



Elementary Menu SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>BREAKFAST: MULTI GRAIN CHERRIOS CEREAL KIT w/JUICE, FRESH BLUEBERRIES, MILK</p> <p>LUNCH: CLASSIC POPCORN CHICKEN BOWL w/MASHED POTATOES, CORN, CHEDDAR CHEESE & GRAVY, DINNER ROLL, MARGARINE, PEACHES, CHOCOLATE MILK</p>	<p>4</p> <p>BREAKFAST: POWDERED BREAKFAST ROUNDS, APPLE SLICES, FRUIT JUICE, MILK</p> <p>LUNCH: TONY'S FRENCH BREAD PIZZA, TOSSED SALAD, ITALIAN DRESSING, TROPICAL FRUIT MIX, CHOCOLATE MILK</p>	<p>5</p> <p>BREAKFAST: BLUEBERRY MUFFIN TOP, ORANGE JUICE, FRESH BANANA, MILK</p> <p>LUNCH: SWEET & SAVORY CHICKEN & WAFFLES, MAPLE SYRUP, CARROTS, STRAWBERRY CUP, CHOCOLATE MILK</p>	<p>6</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR KIT w/APPLESAUCE, GRAPE JUICE, MILK</p> <p>LUNCH: HOT DOG ON A BUN, VEGETARIAN BEANS, CORN ON THE COB, FRESH PEAR, CHOCOLATE MILK</p>
<p>9</p> <p>BREAKFAST: LUCKY CHARMS CEREAL KIT w/JUICE, PEACH CUP, MILK</p> <p>LUNCH: SOUTHWESTERN BEEF BOWL, SEASONED RICE, BLACK BEANS, SALSA, SOUR CREAM, GUACAMOLE, FRESH APPLE, CHOCOLATE MILK</p>	<p>10</p> <p>BREAKFAST: CINNAMON ROLL, GRAPE JUICE, FRESH PEAR, MILK</p> <p>LUNCH: CHICKEN QUESADILLA, SOUR CREAM, SALSA, SWEET POTATO FRIES, PEARS, CHOCOLATE MILK</p>	<p>11</p> <p>BREAKFAST: VANILLA YOGURT, GRANOLA, FRESH STRAWBERRIES, APPLE JUICE, MILK</p> <p>LUNCH: PEPPERONI PIZZA, SLICED CUCUMBER & TOMATO SALAD w/ITALIAN DRESSING, BLUE RASPBERRY SORBET CUP, CHOCOLATE MILK</p>	<p>12</p> <p>BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRUIT JUICE, FRESH TANGERINE, MILK</p> <p>LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, FRUIT COCKTAIL, CHOCOLATE MILK</p>	<p>13</p> <p>BREAKFAST: CHOCOLATE CHIP MUFFIN BREAKFAST KIT w/JUICE, APPLESICES, MILK</p> <p>LUNCH: CHICKEN PATTY ON A BUN w/LETTUCE & TOMATO, ONION RINGS, NECTARINE, CHOCOLATE MILK</p>
<p>16</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL KIT w/JUICE, FRESH APPLE, MILK</p> <p>LUNCH: TANGERINE CHICKEN BOWL w/RICE, PEAS, PINEAPPLE TIDBITS, CHOCOLATE MILK</p>	<p>17</p> <p>BREAKFAST: BANANA BREAD, APPLESauce CUP, ORANGE JUICE, MILK</p> <p>LUNCH: BEEFY NACHOS, TORTILLA CHIPS, BLACK BEANS, SALSA, APPLESAUCE CUP, CHOCOLATE MILK</p>	<p>18</p> <p>BREAKFAST: SWEET POTATO ROLL, GRAPE JUICE, FRESH BANANA, MILK</p> <p>LUNCH: PIZZA BITES, TOSSED SALAD w/RANCH DRESSING, PEARS, CHOCOLATE MILK</p>	<p>19</p> <p>BREAKFAST: APPLE FRUDEL, FRESH GRAPES, FRUIT PUNCH, MILK</p> <p>LUNCH: FRENCH TOAST STICKS w/MAPLE SYRUP, SAUSAGE LINKS, HASH BROWNS, ORANGE WEDGES, CHOCOLATE MILK</p>	<p>20</p> <p>BREAKFAST: CINNAMON CRUMB CAKE, FRESH PEAR, GRAPE JUICE, MILK</p> <p>LUNCH: CHEESEBURGER ON A BUN w/LETTUCE & TOMATO, CRINKLE CUT FRIES, FRESH PEACH, CHOCOLATE MILK</p>
<p>23</p> <p>BREAKFAST: TRIX CEREAL KIT w/JUICE, PEACH CUP, MILK</p> <p>LUNCH: BAKED MAC & CHEESE BOWL, MINI CORN DOGS, STEAMED BROCCOLI, TROPICAL FRUIT, CHOCOLATE MILK</p>	<p>24</p> <p>BREAKFAST: CHOCOLATE CHIP MUFFIN TOP, TANGERINE, APPLE JUICE, MILK</p> <p>LUNCH: CHICKEN FAJITA WRAP w/CHEESE, SOUR CREAM, MEXICAN CORN, SORBET CUP, CHOCOLATE MILK</p>	<p>25</p> <p>BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH BLUEBERRIES, ORANGE JUICE, MILK</p> <p>LUNCH: STUFFED CRUST CHEESE PIZZA, SNACK PACK CARROTS w/RANCH DRESSING, PEARS, CHOCOLATE MILK</p>	<p>26</p> <p>BREAKFAST: BLUEBERRY BREAD, CRAISINS, FRUIT JUICE, MILK</p> <p>LUNCH: BREAKFAST CROISSANT w/EGG, HAM & CHEESE, CRISPY BAKED MASHED POTATO EMOTIONS, FRESH APPLE, CHOCOLATE MILK</p>	<p>27</p> <p>BREAKFAST: MINI MAPLE PANCAKES, APPLESauce CUP, GRAPE JUICE, MILK</p> <p>LUNCH: BAKED TURKEY DINNER w/MASHED POTATOES, DINNER ROLL, MARGARINE CUP, BAKED CINNAMON APPLE SLICES, GREEN BEANS, CHOCOLATE MILK</p>
<p>30</p> <p>BREAKFAST: MULTI GRAIN CHERRIOS CEREAL KIT w/JUICE, FRESH BLUEBERRIES, MILK</p> <p>LUNCH: CLASSIC POPCORN CHICKEN BOWL w/MASHED POTATOES, CORN, CHEDDAR CHEESE & GRAVY, DINNER ROLL, MARGARINE, PEACHES, CHOCOLATE MILK</p>			<p>NEW BEDFORD PUBLIC SCHOOLS</p> <p>Explorers</p>	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

USDA Non-discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.asc.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights - 1400 Independence Avenue, SW - Washington, DC 20250-9410; fax: (202) 690-7442; or e-mail: program.intake@usda.gov.

This institution is an equal opportunity provider.