

# SEPTEMBER 2022

Lunch / St. Francis Xavier Elementary School / St. Francis Xavier Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Nuggets Buttermilk Biscuit Sweet & Sour Sauce Ham and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Mashed Candied Sweet Potatoes Ketchup Mustard Mayo Packet	Shepherd's Pie (PK-5) Corn Bread Nacho Lunch Kit: Chips Salsa, Chz Dip, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Seasoned Pinto Beans
5	6	7	8	9
No Information Provided	Cheeseburger Hamburger on a bun Bologna and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Quick Pickled Cucumbers Ketchup Mustard Mayo Packet	Roasted Chicken Drumstick and Cheesy Twisted Top Breadstick BBQ Sauce Chicken Caesar Salad with Garlic Breadstick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Side Salad Italian Dressing Ranch Dressing	Beef and Cheese Nachos w/ Lettuce & Tomato Ham and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Fiesta Black Beans Mustard Mayo Packet	Fresh Baked Sal's Cheese Pizza Nacho Lunch Kit: Chips Salsa, Chz Dip, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Elote Corn Salad
12	13	14	15	16
Crispy Chicken Sandwich Chick'n Dippin' Sauce Cereal Fun Lunch FrstFlk, Vanilla Yog, Mozz Cheese Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Carrot Sticks Ranch Dressing Ketchup	Chicken & Mashed Bowl with Gravy BBQ Sauce Dinner Roll Margarine Bologna and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Side Salad Italian Dressing Ranch Dressing Mayo Packet Mustard	Ham & Cheese Croissant Chicken Caesar Salad with Garlic Breadstick Sun Butter, Goldfish Grahams, Cheese Stick Strawberry Smoothie Fresh Fruit and/or Chilled Fruit Cup Cucumber Salad	Adobo Chicken Sofrito Rice Dinner Roll Margarine Ham and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Ranchero Chickpeas Mustard Mayo Packet	Scrambled Eggs Turkey Bacon Buttermilk Pancakes Maple Syrup Nacho Lunch Kit: Chips Salsa, Chz Dip, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Emoji Fries Ketchup
19	20	21	22	23
Enchilada Empanada Cereal Fun Lunch FrstFlk, Vanilla Yog, Mozz Cheese Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Sweet Plantains Ketchup	Cheese Ravioli with Marinara Sauce Cheesy Bites Bologna and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Roasted Parmesan Cauliflower Mustard Mayo Packet	General Tso's Chicken and Rice Chicken Caesar Salad with Garlic Breadstick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Steamed Broccoli	Chicken Nuggets Buttermilk Biscuit Sweet & Sour Sauce Ham and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Tomato and Cucumber Salad Ketchup Mustard Mayo Packet	Shepherd's Pie (PK-5) Corn Bread Nacho Lunch Kit: Chips Salsa, Chz Dip, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Seasoned Pinto Beans
26	27	28	29	30
Chicken and Emoji Waffles Maple Syrup Cereal Fun Lunch FrstFlk, Vanilla Yog, Mozz Cheese Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Tomato, Basil, Mozzarella Salad	Cheeseburger Hamburger on a bun Mustard Packet Bologna and Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Fiesta Black Beans Ketchup Mustard Mayo Packet	Ham and Cheese Sandwich Chocolate Chip Cookie Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Crisp Celery Ranch Dressing	Creamy Chicken Alfredo Cheesy Bites Chicken Caesar Salad with Garlic Breadstick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Parmesan Garlic Broccoli	Fresh Baked Sal's Cheese Pizza Nacho Lunch Kit: Chips Salsa, Chz Dip, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Elote Corn Salad

**Daily Milk Menu** Plain 1% Milk - Plain Skim Milk - Chocolate Milk (Lunch Only K-12)

**Fruit** Applesauce - Banana - Craisins - Diced Pears - Dried Cranberries - Fresh Apple - Fresh Orange - Fresh Pear - Fruit Cocktail - Fresh Red Grapes - Mixed Berries - Mixed Fruit - Peaches Diced Cup - Peaches, sliced - Fresh Pineapple - Raspberry Lemonade Craisins - Strawberries diced cup - Strawberry Lemonade Craisins - Clementine - Tropical Fruit

**Combo Lunch Items** Sunbutter and Jelly Sandwich, Sunwise - Sunbutter & J Sandwich (Large) - Mozzarella Cheese Stick - Anytimer Cheese Pizza Kit - Cheddar Cheese Cubes - Cinnamon Goldfish Grahams - Cheez It Crackers - Cheddar Goldfish

**View more:** <http://schools.mealviewer.com/school/StFrancisXavierElementarySchool>

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