

# October Lunch Menu

**Daily Alternate:**

Sunbutter  
Sandwich with  
Goldfish Grahams &  
Cheese Stick

**OR**

Week of 10/2-10/6:  
Bologna and Cheese  
Sandwich

Week of 10/9-10/13:  
Ham and Cheese  
Sandwich


Week of 10/16-10/20:  
Italian Sub

Week of 10/23-10/27:  
Turkey and Cheese  
Sandwich

Week of 10/30-11/3:  
Bologna and Cheese  
Sandwich

**Daily Milk Menu:**

Plain 1% Milk,  
Plain Skim Milk,  
Chocolate Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	2 Grilled Cheese, Tomato Soup, Celery Sticks, Fruit & Milk	3 Creamy Chicken Alfredo, Garlic Knot, Broccoli Bites, Fruit & Milk	4 Cheeseburger, Fiesta Black Beans, Fruit & Milk	5 Chicken Mashed Potato Bowl, Steamed Carrots, Fruit & Milk	6 Scrambled Eggs, Hash Brown Patty, Pancakes, Syrup, Green Peas, Fruit & Milk
 Columbus Day	9 Hot Dog, Baked Beans, Carrot Sticks, Fruit & Milk Pre-K: Grilled Cheese Sandwich	10 Breaded Drumstick, Cucumber Salad Baby Baker Potatoes, Fruit & Milk Pre-K: Chicken Nuggets	11 Cheese Ravioli with Marinara, Garlic Breadstick, Garden Salad, Italian Dressing, Fruit & Milk	12 Chicken and Waffles, Syrup, Celery Sticks, Fruit & Milk	13 Beef Taco, Salsa, Fiesta Black Beans, Fruit & Milk
	16 Hot Dog, Baked Beans, Carrot Sticks, Fruit & Milk Pre-K: Grilled Cheese Sandwich	17 Chicken Nuggets, Sweet & Sour Sauce, Emoji Fries, Fruit & Milk	18 Sloppy Joe, Steamed Green Beans, Fruit & Milk	19 Creamy Chicken Dinner, Steamed Corn, Dinner Roll, Fruit & Milk	20 Sal's Pepperoni Pizza, Parmesan Garlic Broccoli, Fruit & Milk
	23 Mozzarella Sticks, Marinara Dipping Sauce, Steamed Green Beans, Fruit & Milk	24 Crispy Chicken Sandwich, Spicy Mayo, Coleslaw, Fruit & Milk	25 Ham and Cheese Croissant, Chickpea and Corn Salad, Fruit & Milk	26 American Chop Suey, Dinner Roll, Steamed Broccoli, Fruit & Milk	27 Taco Stick, Refried Beans, Fruit & Milk
	30 Grilled Cheese, Tomato Soup, Celery Sticks, Fruit & Milk	31 Creamy Chicken Alfredo, Garlic Knot, Broccoli Bites, Fruit & Milk			